**Declaration of Honor on „Green Travel” in the Erasmus+ Traineeship Programme**

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| **Last name:** |  | **First name** |       |

**I will complete more than 50% of the total journey (outward and return journey) to/from the location of my traineeship using the following sustainable means of transport:**

**Dates of the Traineeship** [Day/Month/Year]:  **from**       /       /       **to**       /       /

**My traineeship location and country:**

**I need**

**☐ over 8 hours travel time to get there and back.**

**☐ under 8 hours travel time for outward and return journey.**

[ ]  **between 16 and 24 hours travel time for the outward and/or return journey.**

[ ]  **more than 24 hours travel time for outward and/or return journey.**

 **(Receipts must be submitted to the EU Service Point upon request after completion of the journey).**

**With my signature I hereby declare on my honour that all the above information has been provided by me completely and truthfully, that I have (will have) documentary evidence and that I can produce this on request (obligation to keep records for 5 years!).**

|  |  |
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| **Place, Date****Signature of the Participant** | **Mainz,** **EU-Servicepoint, Dr. Thomas Weik,** **Erasmus+ Coordinator** |